

**Sarah Veras 773-914-4144**

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**Sarah Veras trains at multiple Chicagoland locations with Sunflower Farms being the home base of Sarah Veras Dressage. Clientele is primarily dressage focused with horses and riders competing in IDCTA and USDF sanctioned shows. Sarah also has students who show locally in eventing and hunter/jumpers as well as a significant number of western and trail riders who are looking to better their communication and effectiveness in the saddle.**

**Sarah's background includes dressage and eventing competition with years of working under two USDF "L" judges. Additionally, she resided as the head dressage trainer and stage manager of the Noble Horse Theatre, which included a broad range of horsemanship exhibitions including dressage, reining, quadrille, and long lining. Several Summer's were spent under the tutelage of a true natural horsemanship trainer saddle breaking and starting Hungarian Warmblood sport horses at their breeding farm. More recently, Sarah spent three years as the stable manager of an "A" circuit Hunter/Jumper facility, offering a unique opportunity to apply dressage fundamentals into their jumping program.**

**Sarah uses a dressage focus in all of her teaching and riding, as a firm believer that any successful partnership, regardless of discipline, requires an athletic horse quietly on the riders aids. Her broad background offers her a unique ability to think outside the box with both horse and riders training. Ground work, long lining, trail excursions, and cross training are frequently utilized to enhance competition and pleasure partnerships, alike.**